



Let's Get Creative in the Kitchen!



 **FARE**
Food Allergy Research & Education


**Camp
Blue
Spruce**

 **Your Allergy Chefs**
Celebrating foods allergen-free & more

**Substitutions for
Common Allergens
in Cooking and Baking**

**Join Your Allergy Chefs,
Joel and Mary Schaefer**

**March 10th, 12pm PST
on Zoom**

All ages welcome!

Visit campbluespruce.com for more info!

Click on photo to RSVP

Camp Blue Spruce is excited to present the next installment in their 4-part speaker series on Sunday, March 10th at 12pm PST – Substitutions for Common Allergens in Cooking and Baking. Cooking and baking without familiar ingredients like milk, eggs and wheat can sound like a challenge. Join [Your Allergy Chefs](#), Joel and Mary Schaefer, as they show you simple substitutions that will achieve amazing and delicious results. They'll also be sharing recipes that everyone will enjoy, not just those with food allergies. Held once a month from January through April, these interactive presentations will combine community, education and fun. All ages are

welcome.

Joel and Mary Schaefer are the husband and wife team who created [Your Allergy Chefs](#) out of a passion for helping those with food allergies and special diets. They have worked with multiple manufacturing companies that specialize in making products for people with food allergies and special diets. Joel is a consultant for Food Allergy Research and Education (FARE). Together they have also developed over 40 recipes for Allergic Living.com.

This speaker series is made possible through a community award from [Food Allergy Research and Education](#) (FARE), generous supporters of our community!

[Learn More & RSVP Here!](#)

Staff Application Portal is Live!



Creating connection & community for kids with food allergies

Staff applications are open!

You do not want to miss out! Apply today, interviews are kicking off the beginning of March!

Easily apply online
<https://bluespruce.campbrainregistration.com/>



2024 Staff Training
August 8 - 11, 2024

2024 Overnight Camp Session
August 12 - 17, 2024

For More Information
program@campbluespruce.org
www.campbluespruce.org

Click on image to apply!

The power of Camp Blue Spruce resides in the hearts of our staff and volunteers.

Volunteering and working at Camp Blue Spruce is incredibly rewarding which is why many people return year after year to be part of the team. Camp becomes a safe space and a second home. It's a chance to find friends, be yourself, and grow as a person. Being part of Camp Blue Spruce allows you to be a role-model and impact children and teens in a meaningful way.

Apply to join the team today! The portal will be open until mid-April.

[Staff Application Portal](#)

Meet Badger, the new Camp Director!



Sarah (or Badger at camp) is the new Camp Director at Camp Blue Spruce and is so excited to be part of this amazing program. Sarah is a life-long summer camp and youth development professional, with summer camp experience ranging from camper to counselor to assistant camp director, and so many roles in between. Sarah loves listening to music (Tell her your favorite song! She is always looking for something new!), spending as much time outside and road tripping as possible (especially with her two kids and husband), volunteering at her favorite dog rescue, serving on the Beaverton Educational Equity Advisory Committee and watching Lord of the Rings and The Hobbit. Some of Sarah's favorite summer camp pastimes are singing, creek hikes and stargazing. Sarah is so ready to get to know everyone in the CBS

community!

Camp Blue Spruce's vision is that all children and families living with food allergies have a sense of belonging, trust, and community.

Camp Blue Spruce provides children with food allergies experiences where they can be independent, confident, and worry-free

Camp Blue Spruce is a 501(c)3 charitable non-profit organization. Your donations make ALL the difference and are tax deductible. Please donate today!

[Donate Today!](#)

www.campbluespruce.org



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