



Good News!



There's Still Time to Register for Overnight Camp

We know that people are still finalizing plans for the summer, and if camp is one of the options you're considering, there's still time to register! The registration deadline has been extended until June 1.

Registered campers had a GREAT time yesterday at the

Cabin Calls where they met new friends and played games online. Your child can also find a community of people who "get it", have a wonderful time, and EAT delicious top-9 free food.

In addition, registering for camp is a great way to celebrate Food Allergy Awareness Month!

[Register for Camp](#)

Instagram Live Event with Chef Kendra

Saturday May 14th at 2:00pm Pacific Time

Camp Blue Spruce is excited to partner with Chef Kendra Peterson of Drizzle Kitchen to close out Allergy Awareness Week!

Join @drizzlekitchen on Instagram for a live demo of allergy friendly and adaptable 5 ingredient power balls and chicken sausage pesto pasta.

Drizzle Kitchen is an allergy friendly community and private chef service company that creates allergy adaptable recipes so you can adjust them to be free of any of the most common top-8 allergens. Visit [Drizzle Kitchen](#) to learn more about meal services, recipe membership, purchase Chef Kendra's cookbooks and more!



Beyond the Top-9



Did you know that along with avoiding the top-9 food allergens, Camp Blue Spruce manages up to 33 additional allergens? Our incredible team in the kitchen, including Joel and Mary Schaefer from [Your Allergy Chefs](#) and our wonderful Extra Allergy Coordinator, work together to ensure that all kids eat well and safely. What a gift!

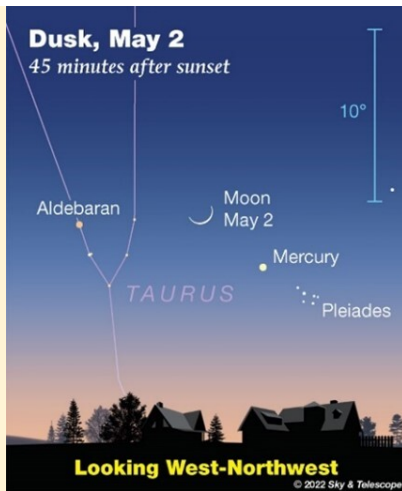
If you would like to join the kitchen team, please let us know or.....

[Apply Here!!](#)

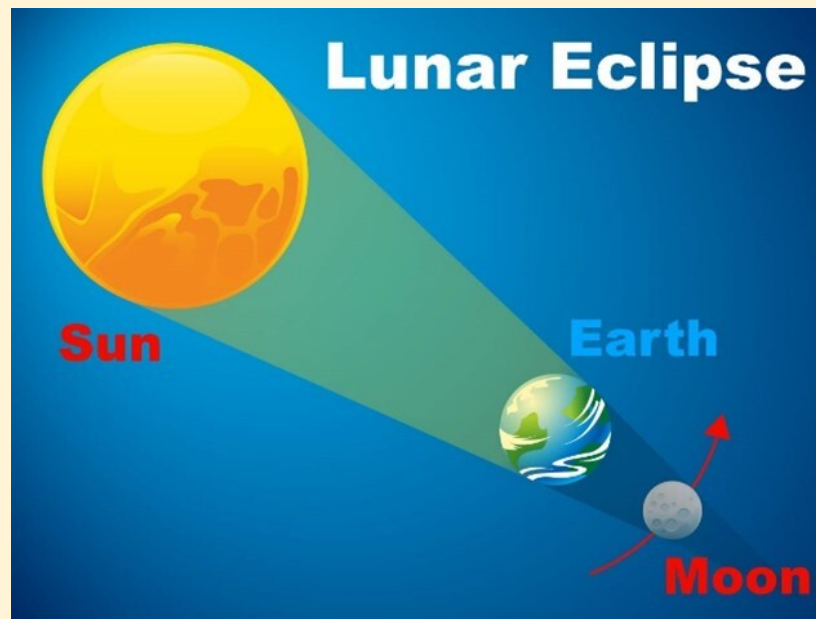
Star Talk for May 2022

By Astronomer Jim

Get all the details at the [May Star Talk post!](#)
TONIGHT, May 2nd, the star Aldebaran, the



crescent Moon, the planet Mercury, and the Pleiades are a pretty grouping.



The big-deal for the month of May is a total lunar eclipse! On May 15th, in Oregon, the moon will rise just as the total eclipse commences, at 8:30 pm. Totality will last for nearly 1.5 hours; after that, the moon's motion will start taking it outside of the Earth's shadow. The moon will appear "blood red" and considerably darker than normal because all the direct sunlight that normally reaches the moon will be blocked by Earth! The moon will be in the Earth's shadow.





Photos from NASA

The moon isn't completely dark during a lunar eclipse because of the Earth's atmosphere refracting and reflecting solar rays, permitting some light to reach the moon—but not very much. The light arriving from the Earth's atmosphere is tinted red which is why what we see in a total lunar eclipse is a “blood red” moon!

A total lunar eclipse can only occur during a full moon. But because of the inclination of the moon's orbit, not every full moon results in a lunar eclipse—in fact, very few of them do! The last full total lunar eclipse was over three years ago.

Read more about the stars in May (including the fact that Orion is gone and some fun facts about the star Arcturus) at [Astronomer Jim's blog post!](#)

[Camp Blue Spruce's](#) vision is that all children and families living with food allergies have a sense of belonging, trust, and community.

Camp Blue Spruce provides children with food allergies experiences where they can be independent, confident, and worry-free

Camp Blue Spruce is a 501(c)3 charitable non-profit organization. Your donations are tax deductible.

Donate Today!

www.campbluespruce.org



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