



Camp Info Session - April 26



If you have any questions or want to learn more about Camp Blue Spruce, join us at our second Camp Info Session on Tuesday, April 26 at 5:30. Prospective and registered campers are all welcome. Our head nurse, some counselors, the camp director, and our founder will be there to answer all your questions!

Hope to see you there!

[Join the Meeting - 5:30 Pacific on 4/26](#)

[Register for Camp](#)

Instagram Live Event with Chef Kendra

We are so excited to be collaborating with Chef Kendra from [Drizzle Kitchen](#) for an Instagram Live event on May 14 at 2:00.

Celebrate Food Allergy Awareness Week by joining with friends from around the country and making delicious allergy-friendly foods to share with your loved ones!



Chef Kendra has always had a love affair with food. She learned to cook at her mother's side then started cooking pasta after school for her friends in high school. Kendra's passion for working with families that manage food allergies began after she was approached by a family with an autistic son. Dinner time was a struggle, family relations were strained and food became a chore rather than a time to bring everyone together around the table. 6 months later, with fun recipes under their belt and an appreciation for meals everyone in the family can enjoy, Kendra realized food can heal. Not just your body but relationships. Kendra helps people rebuild their life to be the most fulfilling and nutritious, whether it be a new food allergy diagnosis, a health crisis or just lack of time to prepare healthy meals.

Watch over the next few weeks for more details about the event.

In the meantime, follow her on Instagram - [@drizzlekitchen](#)

Work at Camp!!

- Working at camp impacts youth in profound



- Working at camp gives you a community who sticks with you year-round!
- Working at camp is what you want to do this August!

- ways!
- Working at camp teaches you skills you will use for the rest of your life!

[Apply Today!!](#)

Camp Blue Spruce's vision is that all children and families living with food allergies have a sense of belonging, trust, and community.

Camp Blue Spruce provides children with food allergies experiences where they can be independent, confident, and worry-free

Camp Blue Spruce is a 501(c)3 charitable non-profit organization. Your donations are tax deductible.

[Donate Today!](#)

www.campbluespruce.org



©2022 Camp Blue Spruce | 3519 NE 15th, #225, Portland, OR 97212

[Like](#)

[Web Version](#)

[Preferences](#)

[Forward](#)

[Unsubscribe](#)

Powered by **Mad Mimi**®
A GoDaddy® company