

Like



Register Now for Overnight Camp!

REGISTER NOW!

Experience summer camp at the base of the Oregon Coast Range surrounded by 160 wooded acres. Enjoy the peace of mind that Camp Blue Spruce is free of the Top-9 foods that cause more than 90% of allergic reactions.

Blue Spruce Campers make friends, try new things, and enjoy fun activities. There's an outdoor swimming pool, a big playing field, a pond with canoeing, a gaga pit, many hiking trails, and a creek. Campers leave feeling more confident, independent, and accepting of their food allergies. There is a community here waiting for you - campers are supported by a team of trained counselors, summer camp professionals, awesome chefs, a team of medical staff, and some of the best volunteers in the world.

As the camp song goes, *Worry-free, you and me, Camp Blue Spruce*



[Register for Camp](#)

Blue Spruce Goes to Camp Conference

The American Camp Association Conference is in Portland next week!



Rudy, Rain, Hawkeye and Snake are heading to the American Camp Association's National Conference next week in beautiful Portland, Oregon!! We're excited to see our colleagues from around the country and get a boost after the past two

years of challenges. We can't wait to meet with camp and youth professionals who have worked tirelessly to adapt to ever-changing circumstances.

Our camp chefs, Cheez (aka Joel Schaeffer) and Ginger (aka Brook A.), are going to join us one afternoon to speak during Camp Blue Spruce's educational session, *Thriving at Camp With Food Allergies*. We have spent ten years going to the extreme to keep kids with food allergies safe and are eager to share our expertise with other camps.

We look forward to being renewed and invigorated at the national conference.

Star Talk Is Back!

Astronomer Jim, our camp astronomer, is back this spring with his Star Talk series. Thanks, Jim!



Photo from NASA



Photo from Wikipedia

The big deal this month isn't planet viewing but instead to observe the stars! Some of the brightest constellations in the sky and some of the sky's most famous objects will be visible.

The constellation of Orion, the hunter, will be visible the entire month, due south after dusk. Orion has several noteworthy star objects, including the tenth brightest star in the sky that could explode sometime soon, Orion's belt and the famous "Great Nebula," M42.

Planet and Moon Highlights

- Venus, Mars, and Mercury are all in the early morning sky, near the SE horizon the entire month. On February 5th, they will be an interesting trio, somewhat close together.
- On the night of February 9th, there will be a lunar occultation! That means that the moon will appear to eclipse (to cover-up) a star.
- On the night of February 13th, the gibbous moon (that means about 3/4 full) will be close to Castor and Pollux, the two brightest stars in Gemini. This will be easy to see without any binoculars—all three in a row!
- In the early dawn of February 26th, the moon will just pass slightly below Antares, the brightest star in the constellation of Scorpius.

Learn more and get details about what you'll be seeing at [Astronomer Jim's blog post](#) on our website.

Partake Foods - A New Sponsor in 2021!



Our newest sponsor is Partake Foods, and we're excited to introduce you to them.

Created in 2016 by Founder and CEO Denise Woodard, when her daughter was diagnosed with multiple food allergies, Partake exists to offer a selection of delicious, better-for-you foods that are vegan, gluten-free, non-GMO, and are free of the top 9 allergens. Partake Foods is Black-owned & woman-led and a huge supporter of the community. You can find their products in 7,500 retailers nationwide and online. Shop and [learn more about the company and their charitable giving ethic at their website](#).

Camp Blue Spruce's vision is that all children and families living with food allergies have a sense of belonging, trust, and community.

Camp Blue Spruce provides children with food allergies experiences where they can be independent, confident, and worry-free

Camp Blue Spruce is a 501(c)3 charitable non-profit organization. Your donations are tax deductible.

[Donate Today!](#)

www.campbluespruce.org



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