

Creating connection  $\boldsymbol{\vartheta}$  community for kids with food allergies

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## FOUR DAYS UNTIL.....

## REGISTRATION OPENS FOR OVERNIGHT CAMP!!

Registration opens on Friday, December 10 at NOON PACIFIC



LEARN MORE https://campbluespruce.org/ourprograms/overnight-camp/



In 2022, we celebrate ten years of Camp Blue Spruce with two one-week sessions!

Learn more about overnight camp and mark your calendar to register early!

Please contact us if you have any questions.

## The Power of Camp Blue Spruce!



2021 CITs transition to Counselors at the closing campfire

## By Aspen, 2021 CIT Counselor

I've always known that camp is important, but it's never been more apparent than our 2021 session. I've been lucky enough to be a Blue Spruce counselor since 2016, and to get to work with so many different ages of campers. This year I was the CIT coordinator, and it's hard to overstate the impact that this single week of camp had. The CITs are our oldest campers who are starting to transition to a leadership role at camp, and they absolutely exemplify the magic of our CBS community. Throughout the week they bonded with each other, started stepping up to lead songs and games, and became examples for younger campers of how to put the Camp Blue Spruce

values into action. I got to watch them grow into a cohort of compassionate, motivated, and confident leaders. Not only did they support and encourage each other, they connected with younger campers and made them feel safe and included. This kind of growth is incredible to see, and is so special and unique to Blue Spruce. Beyond just a physical space free of allergens, it's a community full of shared experience and understanding that fosters growth and confidence.

Camp Blue Spruce's vision is that all children and families living with food allergies have a sense of belonging, trust, and community.

Camp Blue Spruce provides children with food allergies experiences where they can be independent, confident, and worry-free

Camp Blue Spruce is a 501(c)3 charitable non-profit organization. Your donations are tax deductible.

