

Like



## Dear Friends,



We have some exciting programming coming your way for Food Allergy, Asthma, and Celiac Awareness Month designed with your kids and teens in mind!

Plus, stay tuned for another email this month with an update about overnight camp and details on our upcoming virtual teen workshop on

Saturday, June 5th.

Thanks to our generous donors, many of our programs are at no cost. We also offer financial support for those that have a fee. We encourage everyone to participate!

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## Blue Spruce on the Loose Sneak Preview



### This Monday, May 10th!

Join us for a sneak preview of our virtual camp, Blue Spruce on the Loose, at this month's Home Base Hangout!

Blue Spruce on the Loose brings the magic of camp to your bedroom, living room, or back porch fort! From afar, we can connect with each

other, have fun by meeting old friends, making new ones, enjoying classic camp activities, and singing favorite camp songs.

Register below and get the Zoom link to attend.

**Join the Home Base Hangout**

## Who is this for?

Youth and teens ages 9 – 17 looking for a casual opportunity to hang with friends or get to know other kids living with food allergies.

## Date:

Join us, Monday, May 10th!

PACIFIC 4:00-4:30pm for all ages and 4:30-5:00pm for teens.

CENTRAL 6:00 – 6:30 for all ages and 6:30 – 7:00 for teens.

EASTERN 7:00 – 7:30 for all ages and 7:30 – 8:00 for teens.

**Cost: Free and donations kindly accepted**

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## Cooking With Camp Blue Spruce!



### Get Ready for a Disney Twist on Cooking with Camp Blue Spruce.

Join us for a two-class Spring session of Cooking with Camp Blue Spruce, featuring [Your Allergy Chefs!](#) Chefs Joel and Mary Schaefer take us on a cooking adventure through their Disney Favorites.

During Chef Joel's time as the Culinary Development and Special Dietary Needs Manager for Walt Disney World Resort, he was responsible for developing the food allergy and special diets program for Disney properties worldwide and Disney Cruise Line.

Cook along with Your Allergy Chefs to create homemade Mini Corndogs and Magic Kingdom Pineapple Slaw. The Blue Spruce team will start us off with introductions and opportunities to share your cooking process throughout the class. This is a great place to meet other kids with food allergies learning to cook independently in the kitchen, gain important kitchen skills, and have fun together!

**May 22nd:** Mini Corndogs and Magic Kingdom Pineapple Slaw

**June 26th:** Disney Desserts

Participants who sign up for both classes receive a custom Cooking with Camp Blue Spruce oven mitt!

**Deadline to register is Thursday, May 20th.**

**Register for Cooking with Camp Blue Spruce Today!**

## Who is this for?

Youth and teens ages 9 – 17 looking for a guided experience with opportunity for interaction with the chefs. Families welcome during our two-part spring series.

## Date: May 22nd & June 26th

PACIFIC 2:00 – 3:30 PM

CENTRAL 4:00 – 5:30 PM

EASTERN 5:00 – 6:30 PM

**Cost:** \$30/one class or \$55/both classes in the session

\*Financial assistance available for anyone interested in participating - everyone should have the opportunity to participate in Camp Blue Spruce programs and our generous donors have made that possible - Please don't hesitate to inquire by contacting [info@campbluespruce.org](mailto:info@campbluespruce.org)!

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**Donate Today!**

For more information about all these programs, visit the [2021 Program Page on our website](#).

*NOTE: Please register separately for each event. We are in the process of updating our database and are looking forward to eliminating the need for multiple forms. In the meantime, we appreciate your patience.*

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**Camp Blue Spruce's** vision is that all children and families living with food allergies have a sense of belonging, trust, and community.

Camp Blue Spruce provides children with food allergies experiences where they can be independent, confident, and worry-free

Camp Blue Spruce is a 501(c)3 charitable non-profit organization. Your donations are tax deductible.

[www.campbluespruce.org](http://www.campbluespruce.org)



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